

# Instructions to Authors

Thank you for contributing to The **International Journal of Nutrology (IJN)**. Please read the instructions carefully and observe all the directions given. Failure to do so may result in unnecessary delays in publishing your article.

*International Journal of Nutrology (IJN)* is the official scientific journal of Associação Brasileira de Nutrologia (ABRAN) and aims to publish articles that contribute to the improvement and the development of the practice, research, and training in Nutrology and related specialties. The journal publishes

human and animal studies. Public health and epidemiologic studies relevant to human and animal nutrition, and investigations that employ epigenetic, genomic, proteomic, and metabolomic approaches are encouraged.

The *International Journal of Nutrology* is published quarterly, in April, September and December, and publishes Original Articles, Review Articles, Case Reports, Letter to the Editor and Consensus on nutrition and nutrology. Manuscripts must be prepared in accordance with the «Uniform Requirements for Manuscripts Submitted to Biomedical Journals» developed by the International Committee of Medical Journal Editors available at <http://icmje.org/>. All submissions are peer reviewed. Manuscripts can be submitted free of charge (no APCs) through IJN's online submission website: [www.manuscriptmanager.net/ijn](http://www.manuscriptmanager.net/ijn).

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## Manuscripts format

The manuscripts may be written in English in an editable format and must have Abstracts and Keywords both in Portuguese and English.

**Original article:** The text should have up to 6.500 words, not including references and tables. It should have up to 5 tables and/or figures. The number of references should not exceed 40. Their structure should contain the following:

**1. Title page:** article title both in Portuguese and English; full name of all authors; academic or professional affiliation of each author; institutions names where the study took place; running title; corresponding author name, degree, full address, e-mail and phone number.

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**3- Abstract:** original articles need structured abstract with 250 words at the most: objective, methods, results and conclusions. Following the abstract comes keywords (six at the most), based on MeSH (Medical Subject Headings), published in Medline and available at: "<http://www.ncbi.nlm.nih.gov/mesh/>" [www.ncbi.nlm.nih.gov/mesh/](http://www.ncbi.nlm.nih.gov/mesh/). Portuguese version of title, abstract and keywords based on DeCS (Descritores em Ciências da Saúde, <http://decs.bvs.br>).

**4- Main text:** It must be anonymous and containing introduction; casuistry or material and methods; results; discussion; conclusion; acknowledgments.

**5-References:** number references as they are first cited in the text with Arabic numerals. Use Vancouver style; list all authors until the sixth, using et al. after the third when more than six; when reference authors are cited in the text cite the first et al. For references with more than two authors, unpublished data or personal communication must be cited as such between parentheses and cannot be listed as reference; use journal abbreviation from Index Medicus.

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**Short article:** The text should have up to 2.000 words document, not including references and tables. A brief document presenting the preliminary (or partial) results of an original scientific or technological research that usually requires quick diffusion. Their structure should contain the following:

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**Case report:** Document that presents the description of a specific case. Includes a review of the topic on similar cases. The text should have up to 1.500 words document, not including references and tables. Their structure should contain the following:

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**4- Main text:** It must be **anonymous** and containing introduction; casuistry or material and methods; results; discussion; conclusion; acknowledgments.

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**Letters to the editor:** The text should have up to 1.000 words document, not including references and tables. Critical, analytical or interpretive positions on documents published in the journal, interesting topics, or articles published in other journals, which in the opinion of the Editor constitute an important contribution to the community. Their structure should contain the following:

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**2- ICMJE Col forms:** One form for each author (available at <http://icmje.org/>)

**3- Main text:** It must be **anonymous** and containing introduction; casuistry or material and methods; results; discussion; conclusion; acknowledgments.

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The corresponding author should send a letter authorizing publication, signed by all

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#### Standards for articles structure

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Acknowledgments to contributors may be cited at the end of the article, before references.

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The article title should be short, clear and concise. When necessary, one can use a subtitle title (with a maximum of 50 characters including spaces). The title must be written in Portuguese and English.

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The authors' full name should come just below the title with the highest degree and affiliation of each author.

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